



What

The **Basic Occupational Health and Safety** course. A 40-hour (five-day) seminar offering for **IRRI employees**
20 slots available



Who

The course shall be conducted by speakers from the **World Safety Organization** International Office in the Philippines

Wellness at work

Please contact

Annabelle "Bheng" Aquino

Organization & People Development Services

a.aquino@irri.org
x2824



Basic Occupational Health and Safety Course

Wellness at work

Day 1

8:00 AM-8:30 AM
Registration/Invocation

8:30 AM-9:00 AM
Welcome and Opening Remarks Ms. Fiona Farrell
Director for Human Resource Services
International Rice Research Institute (IRRI)

9:00 AM-10:00 AM
Setting the Learning Climate
Pre-Test/Diagnostic Examination
Leveling of Expectations
Engr. Ben Hur O. Refuerzo

10:00 AM-11:00 AM
Course Orientation and Introduction to OSH
Engr. Ben Hur O. Refuerzo (Training Director, WSO)

11:00 AM-12:00 NN
Basic Work Accident Causation Theory
Engr. Ben Hur O. Refuerzo (Training Director, WSO)

12:00 NN-1:00 PM Lunch Break

1:00 PM-5:00 PM
Occupational Safety & Health Regulations,
Administration, and Enforcement
Engr. Ben Hur O. Refuerzo (Training Director, WSO)

Day 2

8:00 AM-11:00 AM
Hazards Identification, Assessment & Control
Ms. Valeriana G. Reyes (Senior Consultant, WSO)

11:00 AM-12:00 PM
Occupational Health and Industrial Hygiene
Human Factors in Safety (Ergonomics)
Ms. Valeriana G. Reyes (Senior Consultant, WSO)

12:00 NN-1:00 PM Lunch Break

1:00 PM-2:00 PM
Occupational Health and Industrial Hygiene (Contd.)
Human Factors in Safety (Ergonomics)
Ms. Valeriana G. Reyes (Senior Consultant, WSO)

2:00 PM-3:00 PM
Materials Safe Handling & Storage
Ms. Valeriana G. Reyes (Senior Consultant, WSO)

3:00 PM-5:00 PM
Job Hazards Analysis (JHA)
Ms. Valeriana G. Reyes (Senior Consultant, WSO)

Day 3

8:00 AM-9:30 AM Fire Safety/Prevention
Engr. Alexander B. Trillana
Senior Consultant, WSO

9:30 AM-10:30 PM Emergency Preparedness
Engr. Alexander B. Trillana
Senior Consultant, WSO

10:30 AM-12:00 NN
PPE with actual demo
Engr. Alexander B. Trillana
Senior Consultant, WSO

12:00 NN-1:00 PM Lunch Break

1:00 PM-3:00 PM Machine & Equipment Safety/LOTO
Engr. Alexander B. Trillana
Senior Consultant, WSO

3:00 PM-5:00 PM Electrical Safety/LOTO
Engr. Alexander B. Trillana
Senior Consultant, WSO

Day 4

8:00 AM-10:00 AM
Safety Inspection
Engr. Frumencio T. Tan
Senior Consultant, WSO

10:00 AM-12:00 NN
Plant visit with presentation of findings
Engr. Frumencio T. Tan
Senior Consultant, WSO

12:00 NN-1:00 PM Lunch Time

1:00 PM-3:00 PM
Plant visit with presentation of findings (Contd.)
Engr. Frumencio T. Tan
Senior Consultant, WSO

3:00 PM-5:00 PM
Work Accident Investigation and Causal Analysis
with workshop and case study
Engr. Frumencio T. Tan
Senior Consultant, WSO

Day 5

8:00 AM-10:00 AM
Motivating for OSH
Engr. James F. Porter, Jr. (Technical Director, WSO)

10:00 AM-11:00 AM
Safety Communication
Engr. James F. Porter, Jr. (Technical Director, WSO)

11:00 AM-12:00 NN
Organizing & Planning for OSH
Engr. James F. Porter, Jr. (Technical Director, WSO)

12:00 NN-1:00 PM Lunch Break

1:00 PM-2:00 PM
Radiation Safety
Engr. James F. Porter, Jr. (Technical Director, WSO)

2:00 PM-3:00 PM
Video Presentations - Safety Orientation
Fire Prevention and Protection
(Video presentations may vary from time to time)

3:00 PM-5:00 PM
Review & Course Examination
/Submission of Safety Program (Re-Entry Plan)
Course Evaluation
Presentation of Certificates
Closing Ceremonies
Class Picture Taking